

# Senior Living OPTIONS

As retirement approaches, many seniors choose to relocate to homes that better match their changing needs—prioritizing lower maintenance, greater accessibility, and proximity to healthcare or support networks. Senior housing options span a wide spectrum—from independent communities with minimal services to facilities offering comprehensive care. Planning ahead provides the opportunity to explore these choices without the pressure of a crisis.

## TYPES OF LIVING OPTIONS

For active SENIORS who want to continue living at home or with family members

- **Aging in Place** - Staying in your current home with or without modifications
- **Multigenerational Living** - Multiple families living under the same roof
- **Downsizing** - Relocating to a single-family home that better suits their lifestyle, offering comfort, convenience, and manageable space

For active SENIORS who want a simpler lifestyle without the burdens of home maintenance:

- **55+ Retirement Communities** - Age restricted neighborhoods with amenities and activities
- **Senior Apartments** - Rental communities with basic services and a senior-friendly environment
- **Independent Living Communities** - Provide meals, housekeeping and social activities without medical care
- **Co-housing and Shared Housing** - Living with others for companionship and shared costs

## SUPPORTIVE LIVING OPTIONS

For SENIORS needing help with daily activities but not full-time medical care:

- **Assisted Living Communities** - Help with bathing, dressing, ambulation, medication and meals. Pricing based on room & board PLUS ala carte charges for assistance specifically needed

# Senior Living OPTIONS 2

## MEDICAL OR SKILLED NURSING OPTIONS

For SENIORS with complex health needs or memory conditions:

- **Memory Care Facilities** - Specialized care for dementia or Alzheimer's in secure environments
- **Skilled Nursing Facilities-** (SNF's)/Nursing Homes - 24/7 medical care, rehabilitation and long-term care

## ALTERNATIVE OR TEMPORARY OPTIONS

For flexible, transitional or custom arrangements

- **Continuing Care Retirement Communities (CCRCs)** - Offer multiple levels of care in one location.
- **In-law Suites / ADU's** - Private living spaces attached to or near a family member's home
- **Respite Care** - Short-term stays in a care facility to relieve caregivers.
- **Home Care Services** - In-home support including personal care, nursing and housekeeping

The Tom & Nancy Harvey Team is here to help you make sense of your choices. With experience, compassion and a deep understanding of **SENIOR** transitions, we can guide you through the many housing options available, help you preview communities or properties that fit your needs and assist in creating a thoughtful plan for your next steps—whether you're ready to move now or simply exploring what comes next.



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