

Navigating DIFFERENCES

When family members have different opinions about what's best for a loved one, conversations can become emotional. It's natural for perspectives to vary, but with care, empathy and shared goals, families can work through disagreements together.

STRATEGIES TO NAVIGATE DIFFERENCES

- **Return to Shared Values** - Focus on what everyone wants: safety, dignity, connection, and peace of mind
- **Acknowledge Emotions** - Fear, guilt or grief may be underlying concerns. Name them with compassion
- **Give Space for Each Voice** - Everyone, including the Senior, should feel heard and respected
- **Seek Clarity, Not Control** - Ask questions and explore options rather than insisting on a single solution
- **Involve a Neutral Party** - Sometimes a professional, like a Senior Real Estate Specialist SRES, can help mediate and provide perspective.

REMEMBER

- You don't have to agree on everything to move forward. Focus on progress



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